

**February 22, 2023**

The Lord wants you to live in His liberty and freedom.

***Phil. 4:6-7 Do not be anxious about anything, but in every situation, by prayer and petition, with thanksgiving, present your requests to God. And the peace of God, which transcends all understanding, will guard your hearts and your minds in Christ Jesus. (NIV)***

Much has been written about prayer. It is certainly our connection by the Holy Spirit to the Father. It is in our prayer life that we enter into the Holy place with God. But the key to real prayer is never leaving. Paul says to pray without ceasing. Our hearts and minds are the LORD's. We live continually in His presence. We abide in Him. That being said, Paul exhorts the church in Philippi to not be anxious about anything. This is not a choice, but a command. It is not an option, but an act of obedience. I like how one person put it: *Undue care is an intrusion into an arena that belongs to God alone.* It makes us ruler of our house instead of being a child of the King.

Because of that, we are to pray in every situation instead of relying on our own feeble strength. When I am weak, He is strong. That's why Paul then states to bring all of our prayers and petitions before the only One Who can truly answer and provide. And what is the result? It is the freeing peace of God. This peace is greater than we can even understand. It is the peace that transcends our comprehension. When we have that peace, we are blessed and centered in the will and way of our LORD, and He will be our guard over our hearts and minds. How awesome is that?

**Dear LORD, thank You that this is Your day. You made it. You have a plan for it. It is not for us to live in anxiety, but to walk in trust because of Who You are. In Jesus Name, Amen**